

JUST DANCE

EASY READ: WEEKLY CLASS SCHEDULE 2023

DAY	CLASS	TIME	COST
Monday	<p>Junior Jazz and Tap combo class: 3-6 years A specifically designed dance program for little people. Children are open to the fun world of dance through creative story telling exercises, direction, incorporating right and lefts, colours and numbers, all while learning different dance styles: Jazz, Hip Hop and Tap. This class is highly educational and fun</p>	3.30-4.00pm	\$100 per term
	<p>Acrobatics: All ages, beginners to intermediate This class is for Beginners to intermediate dancer/acrobats. Students learn the fundamentals of dance and acro, developing strength, flexibility, stamina, acrobatic tricks and partner skills with the end goal to put together a dance acro piece to present at the end of the year.</p>	4.00-5.00pm	\$150 per term
	<p>Drama: All ages The best class for building confidence, social skills and public speaking. Just Dance drama is a wonderful way to be expressive physically as well as vocally. Highly recommended class. Fun, games, team building activities and so much more</p>	5.00-6.00pm	\$150 per term
Tuesday	<p>Just Dance Intermediate Eisteddfod Competitive/ Performance Team (Under 12 years) Students must attend one jazz class per week to be eligible for this team, it is recommended to attend ballet and/or the Thursday technique class in addition) This class is a mix genre class including Jazz, lyrical, contemporary. Students in this class have the opportunity to compete at dance competitions and extra performances</p>	3.30-4.30pm	\$150 per Term

	<p>Acrobatic Dance: All ages: Intermediate to advanced</p> <p>This class is for intermediate to advanced dancer/acrobats. Students continue to develop strength, flexibility, stamina, acrobatic tricks and partner skills with the end goal to put together a dance acro piece to present at the end of the year.</p>	4.30-5.30pm	\$150 per Term
	<p>Just Dance Senior Eisteddfod Competitive/ Performance Team (Open age)</p> <p>Students must attend one jazz class per week to be eligible for this team, it is recommended to attend ballet and/or the Thursday technique class in addition)</p> <p>This is a mix genre class including Jazz, lyrical, contemporary. Students in this class have the opportunity to compete at dance competitions and extra performances</p>	5.30-6.30pm	\$150 per Term
	<p>Intermediate/Senior RAD Classical Ballet Extension Program including pre and pointe training</p> <p>Ability based from approx. 10 years and over</p> <p>Rad ballet (Royal Academy of Dance) is the most highly regarded and recognised dance syllabus in the world. Students in this class train at an Intermediate to advanced level which are 2 below the top levels. The class includes Ballet Pilates and pointe work.</p>	6.30-8.30pm	\$300 per term
Wednesday	<p>Junior Jazz and Tap combo class: 3-6 years</p> <p>A specifically designed dance program for little people. Children are open to the fun world of dance through creative story telling exercises, direction, incorporating right and lefts, colours and numbers, all while learning different dance styles: Jazz, Hip Hop and Tap. This class is highly educational and fun</p>	3.30-4.00pm	\$100 per Term
	<p>Princess Ballerina's Ballet class: 3-6 years</p> <p>Following the RAD method of ballet training. Students gain the fundamentals of ballet, feet and arm positions, direction and coordination through a series of fun and storytelling style ballet exercises.</p>	4.00-4.30pm	\$100 per Term

	<p>Musical Theatre/Drama and Dance: All ages and levels of ability from approx. 6 years</p> <p>Similar to Monday Drama, this class has the added dance component. For young people who love characterisation, exploring musical theatre, dance and creative expression, this class is for you.</p>	4.30-5.30pm	\$150 per Term
	<p>Advanced Contemporary (Intermediate to advanced) Ability based from approx. 10 years and over. This class is Ballet's Rebel sister. Learn fun jumps, leaps, turns and creative combos. If you don't like fast dancing, but you find slow dancing boring, then Contemporary is the in between with a hint of abstract.</p>	5.30-6.30pm	\$150 per Term
	<p>Jazz (Intermediate to advanced) Ability based from approx. 10 years and over</p> <p>A SUPER popular class because it is all about up to date music, modern movement, different styles and tempos of jazz/hip hop dancing. Great for the sassy dancer that wants to get in and just have a fun time without all the added exercises.</p>	6.30-7.30pm	\$150 per Term
	<p>Tap and Cabaret (Intermediate to advanced) Ability based from approx. 10 years and over</p> <p>Making music with your feet. Students learn about timing and coordination. Fast, medium and slow pace tap steps are taught and then combined in fun dance routines</p>	7.30-8.30pm	\$150 per Term
Thursday	<p>Intermediate Jazz (Junior to Intermediate) Ability based from 7 years and over</p> <p>A SUPER popular class because it is all about up to date music, modern movement, different styles and tempos of jazz/hip hop dancing. Great for the sassy dancer that wants to get in and just have a fun time without all the added exercises.</p>	3.30-4.30pm	\$150 per Term

	<p>Intermediate RAD Classical Ballet (Junior to Intermediate)</p> <p>Ability based from 7 years and over</p> <p>Rad ballet (Royal Academy of Dance) is the most highly regarded and recognised dance syllabus in the world. Students in this class train at grade 2/3 level which. The class includes Barre, centre, small combos and Ballet Pilates</p>	4.30-5.30pm	\$150 per Term
	<p>Intermediate Tap (Junior to Intermediate)</p> <p>Ability based from 7 years and over</p> <p>Making music with your feet. Students learn about timing and coordination. Fast, medium and slow pace tap steps are taught and then combined in fun dance routines</p>	5.30-6.30pm	\$150 per Term
	<p>Technique drills, turns, jumps and flexibility</p> <p>Ability based from approx.7 years and over</p> <p>This class is perfect for everyone to enhance their skills in dance, acrobatics, flexibility and overall fitness. The class includes jazz, acrobatics, flexibility development Pilates and more HIGHLY RECOMMENDED</p>	6.30-7.30pm	\$150 per Term
	<p>Lyrical/Slow modern (Int to adv.)</p> <p>Approx. 10 years and over</p> <p>This class is a slower style to jazz but not as slow as ballet. Dancing to slow ballads, with flowy costumes. This style is very creative and expressive.</p>	7.30-8.30pm	\$150 per Term
Friday	<p>Technique drills, turns, jumps and flexibility Ability based from approx. 7 years and over</p> <p>This class is perfect for everyone to enhance their skills in dance, acrobatics, flexibility and overall fitness. The class includes jazz, acrobatics, flexibility development Pilates and more...HIGHLY RECOMMENDED</p>	3.30-4.30pm	\$150 per Term
	<p>Beginner Contemporary</p> <p>This class is Ballet's Rebel sister. Learn fun jumps, leaps, turns and creative combos at a beginner level. If you don't like fast dancing, but you find slow dancing boring, then Contemporary is the in between with a hint of abstract.</p>	4.30-5.30pm	\$150 per Term