



@JDQSTUDIOS



JUST DANCE QLD



OFFERING ELITE DANCE TRAINING TO DEDICATED YOUNG DANCERS

UPSTAIRS I

DOWNSTAIRS I



MONDAY

1:15PM- 2:15PM SNR
COMMERCIAL EXTENSION
2:15PM-3:15PM JNR + SNR
COMBINED COMMERCIAL
EXTENSION

TUESDAY

Want to enrol
into a class?
Scan the QR
code and follow
the prompts



WEDNESDAY

THURSDAY

7:30AM-8:30AM JNR+SNR
COMBINED BALLET
EXTENSION
8:30AM-9:30AM SNR
BALLET EXTENSION
12:00-1:00 HOMESCHOOL
ACRO

9:00AM-9:30AM MINI
BALLET AND
LYRICAL - MISS MIA
9:30AM-10:00AM MINI
JAZZ AND TAP- MISS
MIA

UPSTAIRS I

MUSIC STUDIO

DOWNSTAIRS I

DOWNSTAIRS 2

MONDAY	3:30-4:15 JNR JAZZ - MISS JESS 4:15-5:00 JNR LYRICAL - MISS HOLLIE 5:00-5:45 LEVEL 1 AND 2 BALLET BARRE 5:45- 6:30 INTER JAZZ 7:00-8:00 ADULT HEELS CLASS		3:30-4:15 LEVEL 4 BARRE 4:15- 5:00 LEVEL 3 BALLET BARRE 6:30-7:15 14U MUSICAL THEATRE PT- MISS HOLLIE	3:30-4:00 MINI TAP - MISS HOLLIE 4:00-4:30 MINI ACRO - MISS BIANCA 5:00-5:45 JNR/ INTER TAP- MISS HOLLIE
TUESDAY	3:30-4:15 LEVEL 1 ACRO - MISS BIANCA 4:15-5:00 JNR HIPHOP - MISS ELEANOR 5:00-5:45 CHEERLEADING 5:45-6:15 POM - CHEER 6:15-7:00 HIP HOP - MISS ELEANOR	3:30-4:15 VOCAL SINGING CLASS	4:30:00-5:00 STRETCH AND STRENGTH MISS RENEE 5:00-6:00 LEVEL 4 AND POINTE - MISS RENEE	3:30-4:00 MINI BALLET- MISS MIA /MISS BELLA 4:00-4:30 MINI JAZZ - MISS MIA / BELLA
WEDNESDAY	3:30-4:15 8S PT 4:15-5:00 LEVEL 2 ACRO - MISS JESS 5:00-5:45 10S PT MISS JESS 5:45-6:45 16S PT 6:45-7:30 SNR JAZZ - MISS JESS		3:30-4:15 IDT - JAZZ/ COMMERCIAL TECHNIQUE (ADVANCED) 4:15-5:00 IDT- (DEVELOPING)	5:00-5:45 ACTING ALL AGES
THURSDAY	3:30-4:30 LEVEL 3 ACRO -MISS JESS 4:30-5:15 INTER LYRICAL - MISS JESS 5:15-6:15 ACRO PT- MISS JESS 6:15-7:00 SNR LYRICAL/CONTEMP - MISS JESS		3:30-4:15 LEVEL 1 ACRO - MISS BIANCA 4:15-5:00 PRE LEVEL 1 ACROBATICS - MISS BIANCA /MISS MIA	4:15-5:00 JNR MUSICAL THEATRE - MISS ELEANOR 5:00-5:45 SNR MUSICAL THEATRE - MISS ELEANOR
FRIDAY	3:30-4:15 L 1 BALLET MISS RENEE 4:15-5:00 L 2 BALLET MISS RENEE 5:00-5:30 STRETCH AND STRENGTH MISS RENEE 5:30-6:15 L 3 BALLET MISS RENEE 6:15- 6:45 PRE POINTE CLASS			
SATURDAY	9:00 - 10:00 AM EXTENTION BALLET WORKSHOPS - MISS MELISSA 10:00-10:30 POINTE EXTENSION 10:30 - 11:15 AM 12U BALLET PT - MISS MELISSA 11:15 - 12:00PM 14S BALLET PT		10:00-10:45 LEVEL 1 ACRO 10:45-11:30 JNR JAZZ	8:30-9:00 TINY ACRO (2-4 YEARS) - MISS BIANCA 9:00 - 9:45AM MINI ACRO (4-6 YEARS) - MISS BIANCA 9:45-10:15 MINI BALLET AND LYRICAL 10:15-10:45 MINI JAZZ AND TAP



OFFERING ELITE DANCE TRAINING TO DEDICATED YOUNG DANCERS



JUST DANCE QLD

Did You Know?

We offer package deals!

Mini/Tiny: \$390 per term to unlock unlimited classes

Jnr/Inter: \$900 per term to unlock unlimited classes

Inter/ Snr: \$1,050 per term to unlock unlimited classes

Age brackets

Tiny = 2-4

Mini = 4-6

Jnr = 6-9

Inter = 9-12

Snr = 12 - 18

PRICING IS CHARGED PER CLASS LENGTH

30min Class - \$120per term

45min Class - \$150per term

1hr Class - \$175per term

Casual minis Thursday morning -
\$15 per lesson

Saturday open ballet class - \$220
per term / \$25 per lesson casual

Jnr Extension - 1 hour \$200

Snr extension-2hours \$400

Extension classes are not covered
by our package deals. These are an
added extra.



ELITE EXTENSION PROGRAMS

Snr extension programs

Study and nationally recognised qualification in dance as an ELEVATE student with Empowerdance Pty Ltd RTO 40397

COMMERCIAL

Mondays 1:15-3:15PM

CLASSICAL

Thursdays 7:30-9:30AM

Enquire now for 2025

admin@jdqstudios.com



ELITE EXTENSION PROGRAMS

Jnr extension programs 9-12yrs

COMMERCIAL

Mondays 2:15-3:15PM

CLASSICAL

Thursdays 7:30-8:30AM

Enquire now

admin@jdqstudios.com



ELEVATE is a unique way for our students to study a National qualification through us, JDQ studios, and

Empowerdance Pty Ltd RTO 40397. We are thrilled to be an approved provider with

Empowerdance where our

students can use the classes they participate in with us and put them toward their Certificate.

Each week Empowerdance master trainers conduct our theory classes for our students via an online classroom

platform and then all of their theory assessments are uploaded and completed through the online portal, which students will have access to, using their own log in.

Certificate III and IV students will have the opportunity to work alongside one of our dance teachers to gain

valuable experience for some of their student teaching and teaching units.

Students will also work alongside their peers for group assessments, and the nature of these qualifications

allows the student to have flexibility with their learning and be marked as Competent or not yet competent

Exceptence by application only

ENROL NOW

National Qualifications In Dance

COURSE DELIVERY:

LIVE ONLINE THEORY CLASSES WITH
EMPOWERDANCE & PRACTICAL CLASSES
IN STUDIO

Empowerdance
RTO 40397



ELEVATE

Study a National Qualification in Dance in our studio!

CUA10120	Cert I In Dance
CUA20120	Cert II In Dance
CUA30120	Cert III In Dance
CUA30320	Cert III In Assistant Dance Teaching
CUA40120	Cert IV In Dance
CUA40320	Cert IV In Dance Teaching & Management

COURSE DELIVERY: LIVE ONLINE THEORY CLASSES WITH
EMPOWERDANCE & PRACTICAL CLASSES IN STUDIO

Empowerdance
RTO 40397





ACROBATICS
JAZZ
LYRICAL
PERFORMANCE TEAMS

Miss Jess Director

Over the past 13+ years Jessica has been an award winning choreographer in acrobatics, contemporary, lyrical and jazz with soloists placing and becoming champions in Regional, State, National and World competitions. As the owner of Acrobatics Plus, Jess specialises in acrobatics and strives to push the boundaries of the genre. She also coached gymnastics for the past 9 years.

Jessica is accredited as an Advanced coach by Gymnastics Australia and has also coached state champions in this field. Dance is her true passion, teaching at multiple schools all over the Sunshine Coast in a variety of genres and she is highly sort after. She prides herself on nurturing each student and adapting her training to excel the dancer in different areas that displays their strengths and talents.



Miss Bianca Director

Miss Bianca has been around the dance and gymnastics world for almost her whole life (no she won't tell how long that is just that it's a long time). Dancing through her childhood she is now a mother of four. Three of whom are dancers. She owns the dance competition Light Up The Stage and Light It Up Runway and has a history of coaching multiple successful runway and pageant competitors. She is passionate about technique being a strong focus and is qualified to teach the IDT and acrolink syllabus but still believes that dance should be a place of fun, happiness and community. She has a passionate focus on senior dancers finding their place in the industry and that not all dancers will end up taking to the stage professionally but there are plenty of roles within the industry for them to move through. She can't wait to see the students at Just Dance QLD grow and thrive.



TAP
LYRICAL
PERFORMANCE TEAM

Miss Hollie



Hollie began her dance training on the Sunshine Coast at the age of 5 and has danced at Sunshine Coast Conservatory of Dance since the studio opened until 2017.

Hollie has trained in all dance genres and has completed RAD ballet exams as well as all CSTD jazz and tap exams. In 2017 Hollie successfully completed the CSTD Teachers Certificate in tap. She is also a qualified Acrobatic Arts teacher.

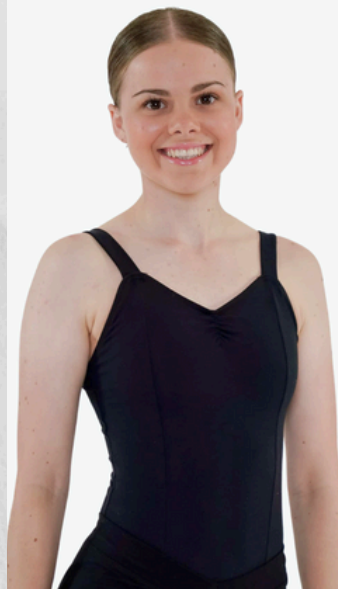
In 2016 Hollie performed in the musical 'Hairspray' in Brisbane. After graduating from USC in 2019 with a Bachelor of Nursing, Hollie is a Registered Nurse on the Sunshine Coast. She has now taught for over 10 years at various studios across the Sunshine Coast sharing her knowledge and love for dance.

Hollie can't wait to share her passion and inspire a love for dance with the dancers of the future.



MINIS
CLASSES

Miss Mia



As an original "Just Dance" student, Mia has been at our studio longer than everyone!

Mia is a passionate and dedicated dance teacher who graduated from Year 12 just last year. Since then, she's been diving headfirst into the world of dance education, achieving her Acrobatic Arts Teacher Assistant qualification and now working towards her Module 1 Teaching Certificate with Acrobatic Arts. With a strong foundation in ballet, jazz, contemporary, tap and lyrical dance, Mia brings both grace and energy to every class she teaches. This year, she's excited to work with her youngest students, ages 2-6, helping them explore movement, develop their coordination, and build a love for dance in a fun and nurturing environment. Mia's enthusiasm for teaching and her commitment to learning make her a bright and inspiring addition to the dance world.



Miss Melissa



"I love to help and see others achieve their goals and dreams, there's nothing more rewarding."

Melissa has a special interest in dance physiotherapy, which includes pointe and turnout assessments, body conditioning, injury prevention and management. Melissa's background is in professional dance, a ballet career lasting 15 years dancing Soloist and Principal roles with the Queensland Ballet Company, Principal with the Tasmanian Ballet Company and various leading roles for Collusion, Lucid, Majestic Aerial Artists, and Hugo Fernandez Tango. Melissa's dance career gave the opportunity to perform overseas throughout Europe, Japan, Singapore and China, as well as regional and coastal Queensland and interstate.

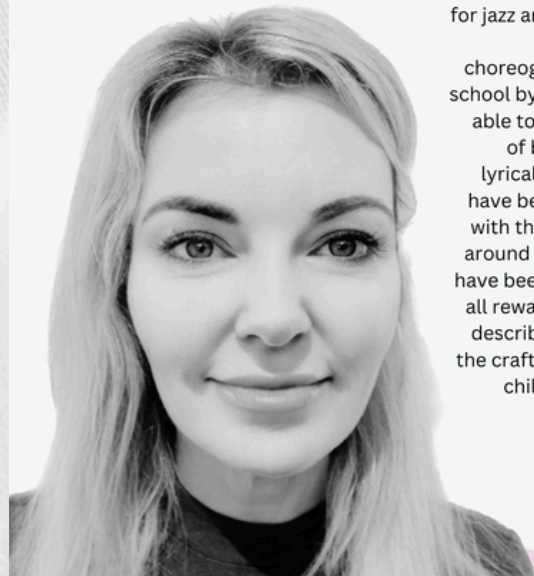
In 2015, Melissa was invited to speak on Dance injuries at the Cecchetti Society ballet conference and the Royal Academy of Dance summer workshops. Melissa has treated touring companies such as Le Ballet Preljocaj in 2015, as well as being the primary physio for the Brisbane Contemporary Prix, 2018 and 2019. Melissa has also been a casual physio for the Queensland Ballet Company since 2019 and in 2020 took up a part time position to help treat the students of the QLD Ballet Academy. Furthermore, in 2018

Melissa opened a unique mobile physio service for dancers. She has also completed a certificate 4 in Fitness, Personal Training and Pilates.



Miss Renee

My Name is Renee Penny Lane Foster named after the Beatles song Penny Lane. My father was a musical man and introduced very loud music of all genres when I was just a baby. When I was 4 ballet discovered me because I had terribly flat feet. I started dancing to correct this and never stopped. I've danced full time with The Queensland ballet performing in many shows and eisteddfords along the way. After full time dance I discovered a deeper love for jazz and went on to dance on cruise ships, theatre and free lance choreography. I owned my first ballet school by the time I was 25 where I was able to bring my knowledge and love of ballet, jazz, contemporary and lyrical to life through my students. I have been teaching for over 20 years with the majority of my career based around ballet and jazz. All my schools have been very successful but most of all rewarding beyond what words can describe. I am very passionate about the craft of dance and how I can teach children to feel the same burning desire that can last a lifetime.



Miss Eleanor

Miss Eleanor, a dancer with over 11 years of dance experience. Her favourite styles are hip hop, jazz and heels. Beginning her journey as a child taking ballet and gymnastics she then realised her true love for cheer and dance and joined multiple teams and went on to compete at many comps including AASCF. She then joined HBDS (Hervey Bay Dance School) where she began teaching baby ballet, Junior level 1 cheer and Junior jazz classes. She was also accredited with certificate 3 in dance through RAW. In 2019 she started teaching her own classes of jazz, hip hop, tap and acro, all while competing as a soloist from 2018-2022. In 2021 she moved to Sunshine Coast and joined Burlesque L'amour and currently trains in burlesque, cabaret, hip hop, lyrical and commercial heels. Eleanor has always had a passion for dance and enjoyed working with the next generation of dancers. She loves to watch them flourish and learn and accomplish new skills.



STUDENT TEACHERS



Isabella

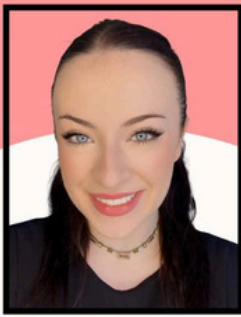


From a young age, Isabella (Izzy) has been captivated by the artistry and discipline of dance. With a natural talent for both ballet and acrobatics, she quickly developed a strong foundation in movement, mastering the technical and expressive aspects of each. Now, as a dedicated student teacher, her passion shines through in every lesson they lead, inspiring others with their enthusiasm and commitment to the craft. Izzy dreams of one day becoming a full-time dance instructor, sharing their love for the art form and empowering students to reach their highest potential—just as she once aspired to do.

Bella



Bella is a dance enthusiast with a heart full of rhythm, excelling in both jazz and lyrical dance. Whether she is leaping across the floor with infectious energy or pouring emotion into every lyrical movement, their passion for dance is undeniable. As a student teacher, she brings that same excitement and joy to the classroom, encouraging students to explore their creativity while refining their technique. Dreaming of one day becoming a dance teacher, Bella is all about inspiring the next generation of dancers to shine, have fun, and dance like nobody's watching!



Audrey Rose Vocals @ Just Dance Studios

Hi, I'm Audrey Rose, your new vocal coach at Just Dance Studios! I'm thrilled to bring my passion for singing, performance, and vocal coaching to Gympie! With a Bachelor of Popular Music and a Master's in Vocal Pedagogy from the QLD Conservatorium of Music, I've spent over 15 years immersed in the music industry as a performer, songwriter, mentor, and teacher. I've been lucky to train with some of the world's best—including Irene Bartlett (vocal coach to Elvis star Austin Butler), Mindy Pack (coach to Miley Cyrus, Justin Timberlake, Chappell Roan, and more), Miley Cyrus's movement coach, and Dr. Reena Gupta, the top vocal health expert for A-list artists in Beverly Hills.

My lessons are fun, empowering, and completely tailored to YOU—whether you're into pop, soul, indie, jazz, musical theatre, or just want to build confidence and find your unique voice. I specialise in developing strong, healthy vocal technique while nurturing creativity and authentic expression. From shy beginners to emerging professionals, I'm here to help you shine. Let's discover your voice and make some real magic—right here at Just Dance Studios! 🌟🎵

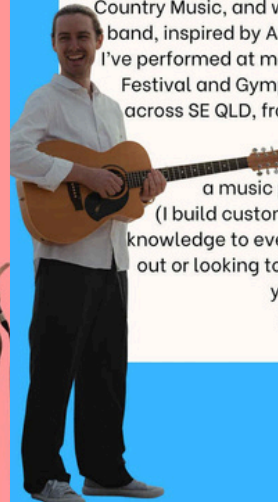


Jake Whittaker Guitar Co. @ Just Dance Studios

Hey, I'm Jake Whittaker – your new guitar teacher at Just Dance Studios!

Born and raised in Gympie, I've spent the last 22 years living and breathing guitar—playing everything from country rock to radio pop, and everything in between. I cut my teeth as lead guitarist in the band 'Aiming High' (alongside X Factor star Caitlyn Shadbolt) while training at the Country Music School of Excellence and Australian Institute of Country Music, and went on to front my own high-energy country rock band, inspired by Aussie legends like AC/DC, INXS, and Noiseworks. I've performed at major festivals including Tamworth Country Music Festival and Gympie Music Muster, and played hundreds of gigs across SE QLD, from wedding stages to festival main stages.

With a Bachelor of Popular Music, plus work as a music producer, sound engineer, and luthier (I build custom electric guitars!), I bring real-world knowledge to every lesson. Whether you're just starting out or looking to level up your playing, I'm here to help you jam, shred, groove, and grow. Let's plug in and get loud at Just Dance Studios!



Mondays 7:00-8:00

NEW CLASS ALERT

Adult Heels

INTRODUCING YOUR NEW HEELS TEACHER, RENEE IS YOUR RHYTHM AND FLOW HYPE QUEEN.

WITH A SOLID FOUNDATION IN HIP HOP, RENEE IS SWITCHING THINGS UP AND IS TAPPING INTO HER FEMININE ROOTS.

SHE'S NOT JUST ABOUT CHOREOGRAPHY—SHE'S ABOUT *ENERGY*, EDUCATION AND EMPOWERMENT. SHE'S GIVING UPCOMING HOT CLASS ALERT!

BOOK IN NOW!

LIMITED SPOTS AVAILABLE.



DRESS CODE

HAIR IN A NEAT BUN

BALLET LEOTARD

BALLET TIGHTS OR
BALLET SOCKS FOR
JNR/ MINI STUDENTS

CANVAS BALLET
SHOES



BALLET

OTHER CLASSES

HAIR IN A NEAT BUN
OR PONY TAIL

CROP TOP • TIGHT FIT T
SHIRT OR SINGLET •
LEOTARD

SHORTS • LEGGINGS •
UNITARD

IF REQUIRED FOR THE
GENRE
JAZZ SHOES • HALF
SOLES • SNEAKERS • TAP
SHOES



JQ
STUDIOS



JOIN OUR PARENTS FACEBOOK GROUP

- Keep up to date
- Ask questions
- Network with other parents



JUST DANCE QLD

JDQ Parents >